

Educators, this is a small sample of what you will get when you order this Parent Guide. We know that when you see the scope and value of the information you can receive, you'll want to order the entire Parent Guide. See back page for ordering details.



Help Your Child Deal With Peer Pressure

One of a series of Parent Guides from



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Most of our failures in understanding one another have less to do with what is said and what is heard than with what is intended and what is inferred.

—George A. Miller,
Psychologist

How Do You Know If Your Child Has Fallen in With the Wrong Crowd?

All parents want their child to have friends, but having friends who propose harmful activities can be dangerous. Parents need to take action if they suspect their child is involved with a crowd that promotes activities such as smoking, using alcohol or drugs, sex, reckless driving, vandalism and other illegal or dangerous acts.

Some signs that your child may be involved with the wrong friends include:

- **Lack of communication.** Your child doesn't tell you much about his new friends, where they go and what they do together.
- **Secrecy.** Your child doesn't want you to overhear phone conversations. He doesn't tell you his plans for activities with his new friends.
- **Behavior change.** Your child just isn't the child you used to know. You have a gut feeling that something is different and something is not right about the kids he's hanging out with.
- **Lack of respect.** Your child talks back to you and questions family values. He puts more stock in the values of his new friends.
- **Poor academic performance.** Your child's grades are worse than they've ever been and his schoolwork is no longer as much as a priority to him.
- **A change in dress.** Suddenly your child is dressing like members of a group that causes you to be concerned.
- **A loss of interest in activities.** If your child used to love scouts or soccer and has suddenly lost interest, he may be focusing more on his new friends.
- **Excessive dependence on his new friends.** If your child lacks confidence, he may rely on his new friends, even if they engage in behavior your child knows is wrong.

What to Do if Your Child Gets Into an Uncomfortable Situation

Sometimes, in spite of his best intentions, a kid will find himself in a situation that he simply is not equipped to handle. He may have assumed that his friend's parents would be home or he may have been unaware that alcohol would be available at a party, for example.

Create a family code your child can use when he calls you from an uncomfortable—or dangerous—situation. For example, your code phrase might be, "Did Uncle Jerry get back today?" Let your child know that, if he uses the code, you will come and get him immediately—no questions asked.

Other Parent Guides Available From The Parent Institute®

Educators,

Like the other 24 titles, this Parent Guide is a concise summary of the latest and best information on this topic as you help parents help their children to succeed in school and life. The topics were chosen based on the most frequently requested learning topics from educators and parents. Formatted for the busy parent in mind, they are full of no-nonsense, easy-to-implement, practical ideas that have been proven to work. The complete list of titles is below:

10 Great Ways to Teach Children Responsibility
25 Ways You Can Put the Power of Routines to Work for You and Your Child
52 Great Ways Families Can Spend Time Together
Developmental Milestones for Preschool Children—Is My Child on Track?
Preparing Your Child for Reading Success—Birth to Age Five
How to Choose the Best Preschool or Day Care for Your Child
Common Discipline Problems of Preschoolers and How to Solve Them
37 Experiences Every Child Should Have Before Starting School
Getting Your Child Ready for Kindergarten
The Road to Reading Success—Elementary School Years
Common Discipline Problems of Elementary Schoolers and How to Solve Them
31 Alternatives to TV and Video Games for Your Elementary School Child
Give Your Child the Edge: 10 Teachers' Learning Secrets Parents Can Use
How to Help Children Do Their Best on Tests
Helping Children Get Organized for Homework and Schoolwork
Help Your Child Develop Good Learning Styles
How to Instill the Character Traits of Success in Your Child
Seven Proven Ways to Motivate Children to Do Better in School
Help Your Child Deal With Bullies and Bullying
Help Your Child Deal With Peer Pressure
How to Help Your Struggling Student
Common Discipline Problems of Teenagers and How to Solve Them
What to Do If Your Child Has ADD/ADHD
Common Discipline Problems of Middle School Children and How to Solve Them
Making a Smooth Transition to Middle School

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